



AYSO Region 20

Coaching Education Program

Sunday Night Coaching Clinics
J.A.M.S South Field
3:15-5:00pm

No sign up needed!

AYSO Region 20 is pleased to present our new coaching education program. Each Sunday throughout the season UK International will be running FREE clinics for coaches.

This is a great way for coaches to pick up new ideas, ask questions and share knowledge with other coaches. Coaches will leave with a practice plan on each topic for reference and use in a team practice.

This is open to all coaches, assistant coaches and parents.



Each week a UK Coach will focus on a different topic as it relates to the game we all love. We encourage you to take advantage of as many clinics as possible.

Sunday Evening	Player Topic (3:15-5pm)
Sept 4th	The flow of Practice (Ball Control)
Sept 11th	Attacking in the final 3rd (Shooting)
Sept 18th	Defending Principles
Sept 25th	GK sessions (Bring your team GK)
Oct 2nd	Advanced attacking (Striking)
NO CLINIC	PICNIC IN THE PARK
Oct 16th	Coaches questions (Pasing, Dribbling)
Oct 23rd	Midfield / decision making
Oct 30th	Set Pieces
Oct 28th	Technique & Touches (All ages)
Nov 6th	Advanced defending

For more information please contact Randy Banchik, Regional Coach Training Administrator at: coachtraining@ayso20.org